

Dear valued patient,

At Fox Army Health Center it is our desire to make your experience here as comfortable and pleasant as possible for this type exam. We would like for you to keep a few things in mind during your visit with us today.

- 1) Our staff is very well trained and all are certified Mammographers.
- 2) Our facility is annually inspected by the FDA and meets all requirements.
- 3) It is always our intention to expedite your time with us but there may be occasions that we are required to work in a patient ahead of you and we ask for your cooperation and patience in these situations.
- 4) If this is your first mammogram please inform the technologist so that she may explain the procedure to ease any anxieties you may have.
- 5) Please understand that the technologist doing your exam knows how uncomfortable a mammogram feels. We would like for you to know that a mammogram must have a certain amount of compression to be a good study. .
- 6) Sometimes it is necessary to have you come back for additional images or an ultrasound. Do not be alarmed if this happens, it does not always indicate a bad finding. You should receive a letter and/or a phone call to notify you of any extra images needed.
- 7) Within 5-10 working days after your exam, a final report will be sent to your physician and a letter will be sent to you. **If for any reason you have not heard from your physician or received written notification from us within 3 weeks of your exam, please call us immediately.**

The American College of Radiology would like for you to keep this in mind:

- a) A negative report should not delay a biopsy if a dominant or clinically suspicious mass is present. A small percentage of cancers are not identified by x-ray.
- b) A biopsy may be recommended for suspicious calcifications in the absence of physical findings or any other radiographic findings. About 30% of these cases represent non-palpable breast cancer.

The American Cancer Society Guidelines recommend that yearly Mammograms begin at age 40.

I have read and understand the above information. I realize that being well educated to the facts of my .ram places a portion of the burden upon myself to follow up with my physician for my results and to continue my breast self exams monthly.

Patient signature

Date